



Aparima College Newsletter

ISSUE TWO: APRIL 2026

**Our Year 11 Technology class living their learning,
creating a pathway beside the Tech Block**



Aparima College
33 Leader Street
Riverton 9822
Telephone: 03 2348 900

Email: office@aparima.school.nz

Website: www.aparima.school.nz

Facebook: www.facebook.com/aparimacollegenz

He kupu mai i te teepu tumuaki (a word from the Principal's desk)

Kia ora koutou,

The final week of every term seems to creep up on us very quickly. After a quick and settled start, the students have continued to work hard, getting their initial assessments completed and participating in wider school events. There will be some changes coming throughout this year in regard to reporting. More information will come at the start of term 2. These changes will involve updates to assessments in years 7-10, reporting language to incorporate the new Progress Descriptors and timeliness.

Attendance continues to be a focus and with mandatory daily reporting to the Government, some of our school systems are being switched to automatic notifications. This means you will receive an automatic notification if your child has missed more than 5 days of school in any given term. Each term the automation will reset. Information regarding the Stepped response is available on our website.

Uniform has been worn very smartly by most students. A couple of reminders before term 2. In term 2 school shoes not sandals are to be worn. School socks are to be worn by all students; these are plain black with a green hoop at the top. Hair colour is to be natural and should be tied back for specialist subjects. Students should wear a plain Black jacket, please note that as of 2028 only the black Aparima College soft shell jacket is to be worn.

Next term promises to be another busy one, with school production and a host of winter sports starting up. Please contact our sports coordinator should you wish to be involved coaching or managing any school sport in 2026.

Wishing you a very happy easter,

Ngā mihi nui,

Aloma

Well done Aparima !!
Champions !! That's a
great volleyball season



Spark Tank

On Thursday 12th March, 30 of our Young Enterprise students joined other Southland Schools for the Spark Tank validation event in Invercargill. They were treated to the wisdom of 25 business mentors from around Southland and YES coordinators from further afield, who listened to their business ideas and gave them valuable feedback and advice. For some students, this was their first experience of speaking publicly in such a big group. We were so proud of their courage and their perfect manners. They will use this validation to help guide the next steps in their product development and marketing strategies.

It was also wonderful to see Jessica Black in action. She is an Aparima alumna and is now Young Enterprise Otago-Southland regional coordinator, helping students from across the region with their businesses.



BUSINESS

what's on
invers
whatsoninvers.nz

**Inspired Students
From Spark Tank Session**

A Good Story

At Aparima College we are all about matching readers with books they will love. Thanks to a great relationship with Invercargill library, when our collection doesn't have what we needed, we can choose books from their collection, put them on hold and get them just a couple of days later.

Here is Rachael back in our school library just a few days later having read all the titles she asked for and making sure she gets her holds on, ready for Mrs Burnett's weekly trip to Invercargill. Rachael has also decided to get her own card for Invercargill library and is excited to choose books in person next time she is in Invercargill.



South Island Secondary Schools Bowls Tournament

Aparima Gold SISS bowls team being presented with their bronze medal at the tournament. Well done to Baxter, Hunter and Agon. Great play by the Aparima Green team, Evan, Alex and Zye who had a win, a draw and a loss.



Aparima College – Student Attendance Expectations

Regular attendance is vital for student success. There is a strong link between consistent school attendance and academic achievement. Ensuring students attend and engage in learning is a shared responsibility between the school and families.

Parent Responsibilities:

- Ensure your child attends school every day.
- It is essential that you notify the school promptly if your child is absent. You can:
 - Phone the school on 2348900 or
 - Send an email to office@aparima.school.nz , or message via KAMAR
 - Please provide the reason for the absence (eg medical/dental appointment, unwell)

School Support:

- We understand that occasional absences may be unavoidable.
- If absences become frequent or prolonged, we will contact you to discuss the situation.
- We are committed to helping your child attend regularly and can work with you to develop a support plan.

Need Help?

- Speak with your child’s teacher or dean
- Message us via KAMAR or email
- Call 2348900 and ask for Rebecca Carran or Leah Fraser

For more details on attendance rights and responsibilities, visit the <https://www.education.govt.nz/school/student-support/student-attendance/>.



Responding to Absences

<p>Less than 5 days absence in a school term</p>	<p>Parents/Guardians</p> <ul style="list-style-type: none"> Ensure student attends every day they are able Reinforce good attendance habits Support other parents to reinforce good attendance habits Open communication with school Follow school attendance management plan and associated policies and processes 	<p>Schools</p> <ul style="list-style-type: none"> Communicate with parents about every absence Maintain contact details of parents Provide student with regular updates on their own attendance Report regularly to parents on attendance of their child Support student: <ul style="list-style-type: none"> attending school to continue learning if unable to attend school every day, including using Ministry approved well-being or transitional plans, or health schools where appropriate to access other education pathways where appropriate
<p>Up to 10 days absence in a school term</p>	<p>Parents/Guardians</p> <ul style="list-style-type: none"> Return student to regular attendance Contact school to discuss reasons for absence and impact on learning Support student to catch up on missed learning Engage in supports offered 	<p>Schools</p> <ul style="list-style-type: none"> Contact parents to discuss reasons for absence and impact on learning Support student to catch up missed learning where required Use in-school resources as appropriate to remove barriers e.g. counsellor, alternative timetables, PB4L
<p>Up to 15 days absence in a school term</p>	<p>Parents/Guardians</p> <ul style="list-style-type: none"> Return student to regular attendance Participate in meeting with school to analyse reasons for absence and to collaborate on a support plan Implement strategies at home 	<p>Schools</p> <ul style="list-style-type: none"> Contact parents to escalate concerns Hold meeting to analyse reasons for absence and to collaborate on a support plan Develop and implement a support plan tailored to the reasons and circumstances around the child's absence Use in-school resources as appropriate to remove barriers and request support from Attendance Service or other agencies as needed
<p>15 days or more of absence in a school term</p>	<p>Parents/Guardians</p> <ul style="list-style-type: none"> Return student to regular attendance Engage in support plan Participate in regular meetings of support plan 	<p>Schools</p> <ul style="list-style-type: none"> Contact parents to inform of escalated response Request support from Attendance Service or other agencies as needed Participate in multi-agency response Maintain implementation and monitoring of support plan Undertake school-led prosecution, or request Ministry-led prosecution, when considered appropriate if supports are offered and not taken up Unenroll if student will not be returning to school

 **Ministry of Education**

Attendance Service

- Work with chronically absent and non-enrolled students and their families to identify and address barriers to attendance. This includes:
 - agreeing changes to be made,
 - addressing some unmet basic needs impacting on attendance, and
 - referring students to other services as necessary
- Collaborate with schools so that
 - they remain engaged as plans are developed and implemented, and
 - they can continue to provide support as the student increases their attendance at school, and the additional Attendance Service support is withdrawn

Regional and National teams

- Facilitate involvement of other agencies
- Support schools to access other education pathways for a student where appropriate
- Consider system-wide initiatives for high-risk attendance
- Reprioritise regional support resources to where most needed/effective
- Undertake Ministry-led prosecution when considered appropriate if supports are offered and not taken up, when requested by schools

Shared Lunch

Bibisha wanted to make a food they enjoy today and the excitement was clear. Roshan shared some with Hemi and his face told the story :-). The girls even got Mrs Burnett to try some. She didn't pull faces.

The Nepali students all enjoyed it. There is some talk of who's in charge of next meal.



Chess Club Expands

The influx of year 7 students are enjoying learning to play Chess under the watchful eye and helpful advice of others who already know how to play. They all think it's funny when they find out Mrs Burnett can only play checkers.



Maths on Mondays

Maureen played marvellously and earned 2 prizes as she calculated the money math's this Monday in the Library. Millie also did magnificently well earning the first prize. It was a day for the Ms to be champions 🏆 🏆



MUNA Dunedin

Mrs Lata and Mrs Grove accompanied Max, Krishi, Grayson and Amber to attend the Otago-Southland Model United Nations Assembly at the Otago Business School at the weekend. They represented perspectives from countries such as Egypt, Singapore, Spain and Pakistan. A highlight was debating a crisis resolution and debating with like-minded students from across the region, as well as experiencing the Fringe events in the Octagon. The next MUNA gathering will be in Invercargill in October and we hope that more of our students will join in.



Environmental Studies

Year 10 Environmental studies students making their own tracking tunnels. I wonder what pests and other critters will leave their tracks?



SOUTH ISLAND SECONDARY

SCHOOLS ATHLETICS CHAMPS

**CONGRATULATIONS TO THE FOLLOWING STUDENTS WHO RECENTLY COMPETED AT
SOUTH ISLAND SECONDARY SCHOOLS ATHLETICS CHAMPS IN CHRISTCHURCH**

Riley Anderson – U20 Men's – Discus PERSONAL BEST of 33.76m

Maja Ferguson – U15 Women's – 6th in 800m, 11th in shotput, 15th in discus, 16th in High Jump



#weliveourlearning #mypathway

Some industry happening at school yesterday



Taria Woodward has been selected for the Steel Steps Programmes – Awesome Taria !!

Origami Experience

During lunchtime the students we learning to fold paper in a very particular way to produce a small hand basket. They learnt the precision that origami takes and then went freeform and created other paper shapes.



Consent information YEAR SEVEN VISION SCREENING

The Vision Hearing Technicians from Health New Zealand Te Whatu Ora - Southern will be visiting your school to screen all year seven students for distance vision shortly.

Screening Provided:

Distance Vision (Amblyopia & Myopia)

This determines how well your child can see at a distance. It involves reading an eye chart.

The screening results will be given to your child, and a Vision technician will be in contact to discuss any further action, if required.

If your child **WEARS Glasses** or is **UNDER CARE** for their eyes, there is no need to fill in an Opt-Out form.

We will ask each class if there is anyone already wearing glasses or under care.

- Please let your child know to tell us prior to screening.

They will be given a notification slip to take home. **These children are NOT screened.**

By sharing this consent information, we are providing the opportunity for you to Opt-out of our screening programme.

If you do not wish your child to be screened, please fill out an opt-out slip, which are available at the school office before our visit.

What happens to your child's screening information? The vision results are recorded on the Ministry of Education data system – ENROL.

This information will also be saved via the Vision and Hearing screening team data system.

You can access your child's information by contacting the Vision Hearing Screening team:

visionhearing@southernhdb.govt.nz or contacting Patient Enquiries:

- Phone: Consumer Experience Feedback Team, phone (03) 214 5738
- E-mail: feedback@southernhdb.govt.nz
- Website: www.tewhatuora.govt.nz

All staff with access to this documentation adhere to the Health Information Privacy Code.

Health New Zealand
Te Whatu Ora

Vision Hearing Team

0800885504

visionhearing@southernhdb.govt.nz

National Public Health Service

Attention: Parents/Caregivers of students at Aparima College.

Below is a letter regarding an election to fill a position that has come up on our Board of Trustees. This is being run by a company called, Schooled - Election Pilot. This company will be emailing families.

Aparima College Board Parent Election 2026

Nomination round

Our school will be undertaking a parent election for **1 School Board vacancy**. This process will start with the issuing of nomination emails to our caregiver community by **Friday 3rd April 2026**.

We have employed Schooled Limited to undertake the election process on our behalf. This year with legislative change, our nomination form and full instruction on how to place your nomination into our own School's Election website will be emailed to you if we have your email address in our database or you will receive it by post if we don't have your email in our database.

Nomination papers will also be available at the school office. The school will send those on to Schooled Limited for processing upon receipt from candidates.

Nominations close on Wednesday 22nd April 2026 at 12 noon.

We look forward to your participation in this process.

Returning Officer

Schooled Limited

89 Nazareth Avenue | Middleton | Christchurch | PO Box 414 | Christchurch 8140

P (03) 338 4444 Web www.schooled.nz



REMINDER

Please name your child's clothing as we cannot returned lost items if we don't know who they belong to. Thanks

Kids Lit Quiz

This Year Aparima College proudly entered two teams in the annual Kids Lit Quiz, an event that brings teams from all over Southland who all share one thing, a love for reading! The competition was held on the 25th of March, at Maruawai College in Gore. Where we participated in a day all about Books, and they're characters.

Our teams were accompanied by our wonderful Librarian Suzie Burnett. Who encouraged all of us to be our absolute best!

Throughout the competition we faced some extremely challenging questions. Covering a wide range of topics, from classic books, to modern day stories there was something for everyone! And I'm sure for many students it was a highlight of the term.

Although neither of our teams took home top prize, it was still a fun, exciting, and memorable experience for anyone involved! And for any of you who are thinking about entering in the future, here's my advice: Read a variety of books, not just the genre you like best!

-Eleanor Jones

Year 8 Student.



Beach Volleyball

Beach Volleyball Girls have had an awesome season !! came second overall – Well done !!



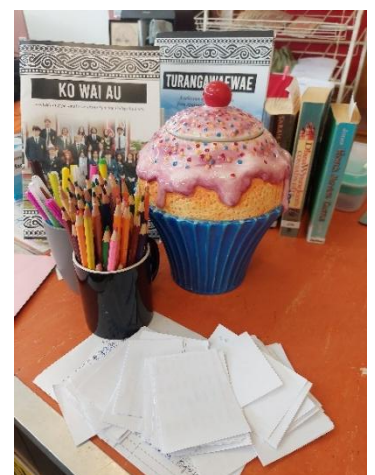
Valentines

What a hive of activity in the library during the week leading up to Valentines. The Hauora group was continuing the annual tradition of encouraging messages of love and positivity to be shared around the school by sending students to put their notes in the beautiful cupcake jar.

Day after day students poured into the library gathering pens and paper and jotting notes to each other.

Little known though is the huge work that went on behind the scenes to transform these jottings into precious keepsakes with neat writing and correct spelling to be delivered on the Friday.

What a blessing the crew that did that mahi are, and how appreciated were the notes received. Thanks to everyone involved. Oh, and great doing some non-class writing 🍷 too.



Important Information

- Please like our facebook page as this is where we will post most of the information on what is happening here at Aparima College. Facebook - www.facebook.com/aparimacollegenz
- Check out the Aparima College Website: www.aparima.school.nz
- Skool Loop App – used for booking parent teacher interviews.
- KAMAR portal - <https://aparima.school.kiwi/> for student absence, daily notices and results etc. Passwords will be emailed home to new families within the first couple of weeks. (once you have logged in you will be asked to change the password)
- Stationery list for all students – please go to: <https://www.myschool.co.nz/aparima>
- *School Uniform* – most items can be purchased most of the uniform from The U Shop, 162 Dee Street, Invercargill (or online) <https://shopinv.uniformgroup.co.nz/>
- *The Aparima College black shell jacket* (this one can be worn in class) can be purchased from UniformsNZ - click on the on the following link aparimacollege.uniformnz.com/
- *School Ties* - are purchased from the School office for \$25
- *PE Top for Year 7 – 10 students*. The first one is free and will be given to your child in the first few days of school. If you need a replacement one, they are available to purchase from the office for a cost of \$40. Please name all your child's clothing so if found it can be returned.
- School lunches - We are part of the Health School Lunches Programme and all students are provided with lunch every day. We do not have a canteen. A form will be given to your child regarding this.
- School Buses - Queries about school bus transport should be directed to Mr Jones, Assistant Principal email rjones@aparima.school.nz . Details of bus routes, pick up and drop off times can be sourced from the company GoBus, phone: 03 218 2419.
- Bring Your Own Device - We require Year 9, 10, 11, 12 and 13 students to have access to a device at all times for the multitude of tasks that are being completed digitally but will require them to bring their own device with them. We have a number of possible ways of helping families for whom this may present issues and we would ask that if this is the case for you, please let us know as soon as possible so we can assist you. This assistance can be in different forms, so please get in touch and discuss your specific needs with us. For those families whose students already have devices, they are required to bring it to school every day.
- Students are to be in their classroom by 8.40am each morning and school finishes at 3:00pm.



get back to school ready!

OfficeMax MySCHOOL

OfficeMax has teamed up with your school.

Your child's class list will be loaded on to **myschool.co.nz**

Help your school
Earn School Rewards with every order. It's our way of giving back to the community, and it helps your school get the extra things they really need.
See myschool.co.nz/school-rewards for terms and conditions.

Choose how you pay
You can pay by internet banking, credit card or debit card. Or you can pay in 4 interest free payments over 6 weeks with Zip.
The Zip 4 is available to approved applicants only and subject to completion of credit checks. Please contact the Zip merchant and Zip for more information. See myschool.co.nz/zip, TEC, and our Zip app.

The Zip 4 is available to approved applicants only and subject to completion of credit checks. Please contact the Zip merchant and Zip for more information. See myschool.co.nz/zip, TEC, and our Zip app.

free delivery 0800 724 440 myschool.co.nz **OfficeMax MySCHOOL**



Have your bulk fuel purchases
make a difference in our community

For every 100L of bulk fuel you have delivered
our school receives 50 cents



SOUTHLAND SURFING CHAMPS RESULTS

Massive Congratulations to the following students who competed in the recent Southland Surfing Champs in the weekend

- U18 Girls** **1st Keita Thomas**
- Longboard Boys** **2nd Manu Stowe**
 3rd Agon McGregor
- Longboard Girls** **1st Keita Thomas**
- U16 Boys** **2nd Agon McGregor**
 3rd Grey McGregor
- U16 Girls** **3rd Teinna Turner**
- U14 Boys** **2nd Grey McGregor**
- U14 Girls** **1st Teina Turner**
 2nd Caitlyn Crowther
 3rd Maja Ferguson
- U12 Girls** **2nd Tui Stowe**
 3rd Caitlyn Crowther



**UNIFORM POLICY
UPDATE ANNOUNCEMENT**

IMPORTANT NOTICE REGARDING CHANGE TO THE JACKET

As of the start of Term 1 in 2028 all students will be required to wear Aparima College School Soft Shell Jacket and all other jackets will not be allowed to be worn at school. Until the start of 2028 students can either wear a plain black jacket (can be worn outdoors only) or an Aparima College black shell jacket (this one can be worn in class).

Aparima College School Soft Shell Jacket can be purchased from the UShop in Invercargill.

<https://shopinv.uniformgroup.co.nz/>



www.aparima.school.nz

UP AND COMING EVENTS

2 April 2026	School Swimming Sports
2 April 2026	TERM ONE ENDS
3 April 2026	Good Friday
5 April 2026	Easter Sunday
6 April 2026	Easter Monday
20 April 2026	FIRST DAY OF TERM TWO
23 April 2026	Otago Polytech Visit
27 April 2026	ANZAC DAY Obs (Public Holiday)
29 April 2026	Speed Career Session 11 - 13 students
5 May 2026	Parent Teacher Interviews
8 May 2026	Vision Testing Year 7s
9 May 2026	College Ball
20 May 2026	BOT Meeting 5:00pm in Room 9/10
29 May 2026	Western X Country
1 June 2026	KINGS Birthday (Public Holiday)
12 June 2026	Southland X Country
17 June 2026	BOT Meeting 5:00pm in Room 9/10
17 -18 June 2026	Manu Korero
10 July 2026	Matariki

COMMUNITY EVENTS



Ngā ratonga ki te manawa o te whenua
Heartland Services



RIVERTON
Community House

MAY

37 Napier Street
Riverton
Ph: (03) 234 8206
info@rivchouse.nz

	APARIMA SUPPORT GROUP	MONDAY 10.30am	18/05/2026
	JENNY BUDGET ADVISOR	THURSDAY BY APPOINTMENT 0800 582 4533	07/05/2026 21/05/2026
	LOUISE MCCLOY CASE MANAGER	WEDNESDAY BY APPOINTMENT 03 234 8206	06/05/2026
	MICAELA BEKHUIS FAMILY COURT NAVIGATOR	TUESDAY 10am - 2pm	05/05/2026
	OREPUKI OUTREACH - OREPUKI FIRE BRIGADE	WEDNESDAY 10.30am - 12.30pm	27/05/2026

We can help you get in contact with the right people!

Our Service is friendly, free and Confidential to all

INDIVIDUALS - FAMILY - YOUTH - ELDERLY - GROUPS



BUSHCRAFT & SURVIVAL SKILLS

Holiday Experiences

<p style="text-align: center; font-weight: bold; color: white;">CHILD VS WILD [5 Days]</p> <p style="font-size: 8px; color: white;">7 to 13 year olds Invercargill 9am to 3pm 13th April to 17th April 2026</p> <p style="font-size: 8px; color: white;">An Adventure quest in different locations. Children spend four days learning and acquiring bushcraft and survival skills ready to be tested on the final day in a teamwork survival challenge.</p>	<p style="text-align: center; font-weight: bold; color: white;">BUSH KIDS [1 Day]</p> <p style="font-size: 8px; color: white;">5 to 16 year olds Invercargill & Gore 9am to 3pm Wednesday 8th April - GORE Friday 10th April - Invercargill</p> <p style="font-size: 8px; color: white;">One day of bushcraft and survival skills</p>
<p style="font-size: 8px; color: white;">Advanced fire starting, knife skills, carving, exploring the bush, finding your way, building shelters, cooking over flames, first aid in the wild, plant uses, foraging. Every day feels different, shaped by the weather, the place and the season.</p>	
<p style="text-align: center; font-weight: bold; color: white;">NATURAL CREATORS [1 Day]</p> <p style="font-size: 8px; color: white;">5 to 16 year olds Invercargill 9am to 3pm 9th April 2026</p> <p style="font-size: 8px; color: white;">A one day creative cooking experience on a farmlet preparing nourishing meals from scratch. Children will come home enthused, feeling capable and independent as well as having enjoyed feeding the goats and chickens.</p>	<p style="text-align: center; font-weight: bold; color: white;">WILD & GAME [1 Day]</p> <p style="font-size: 8px; color: white;">11 to 16 year olds Invercargill 10am to 3pm Saturday 11th April 2026</p> <p style="font-size: 8px; color: white;">A day of connection around the fire, preparing and cooking hunted and gathered foods. Learn how to skin and butcher animals, build hands-on bush skills, and taste a range of nourishing kai. A day just for the older children.</p>

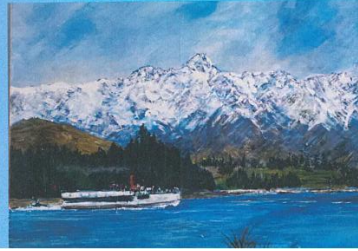
www.trueinnature.com



Katie: 0226381497



DRAWING INTO PAINTING CLASSES WITH ROGER THOMPSON



TO BE HELD AT
RSA, PALMERSTON STREET,
RIVERTON
Thursday evenings 6.30-8.30pm
starting 23 April, for 8 weeks
\$130
Book Online at www.southlandeducation.org.nz
Phone 032188180

Parent Education Programmes



Parenting and caring for children can be challenging and we all need support and encouragement to be the great parents we want to be. Family Works has a range of free programmes that can do just that.

Our Parenting Programme gives parenting strategies and other useful information in a fun and positive way. For parents/caregivers who have children aged 0 -18 years, 8 sessions.

Where: Family Works, 183 Spey Street,
Invercargill

When: Wednesday 6th May – Wednesday 24th
June 2026
Total 8 sessions

Time: 6pm – 8pm
Supper provided

Cost: Free

Contact: Nicole, programmes coordinator on
03 211 8272 or 027 223 1417
email pp@familyworkssld.nz




INFORMATION FOR PRIVATE CLIENTS

Paediatric Occupational Therapy

We work with tamariki and rangatahi to help them engage in the everyday activities that are important to them.



We support children's independence with getting ready for school, concentrating in class, improving handwriting, social participation, or completing day-to-day activities.

What is Occupational Therapy?

Occupational Therapists support people to do the things they want to, need to, or are expected to do, to help them live a health-filled and balanced life.

Our Occupational Therapists are trained to assess children, their environment, and the challenging task. They then work with the child, provide recommendations for equipment and caregiver education, or modify the task to better suit their abilities.

How do I know if a child needs Occupational Therapy?

They may:

- not meet developmental milestones
- have difficulty managing schoolwork or keeping up with peers
- have sensory challenges resulting in difficulty managing everyday tasks (e.g. agitation during grooming tasks, sensitivity to light/ noise)
- appear clumsy or uncoordinated
- have difficulty with fine motor tasks including buttons, shoelaces, handwriting
- have difficulty with emotional regulation (e.g. big outbursts when completing challenging tasks).

We have availability now in Invercargill and surrounds,
for further information, please reach out to
referrals@habit.health

Become an Oranga Tamariki Foster Caregiver in Southland

Help make a Difference in a Child's Life!

Are you ready to provide a safe, loving, and supportive home for a child in need? Oranga Tamariki is looking for caring individuals and families who can help children in care to grow, heal, and thrive.

We are currently seeking caregivers who can offer:

- A safe and nurturing environment
- Emotional and physical support to children in need
- A commitment to helping a child reach their full potential

As an Oranga Tamariki caregiver, you'll receive training, 24/7 support, and a financial allowance to assist with the care of the child. You'll also join a network of compassionate individuals dedicated to making a lasting, positive impact in the lives of children.

Who can become a caregiver?

- People with a genuine desire to care for children
- Families, singles, and couples
- People with different life experiences, backgrounds, and cultural connections



Every child deserves the chance to grow up in a loving, stable home. Could that home be with you?

Contact us today to learn more about joining the Southland caregiving whānau.

Call: Isla Hardy
Email: isla.hardy@ot.govt.nz
Website: orangatamariki.govt.nz

Together, we can make a brighter future for children in Southland!



Rural Youth & Adult Literacy Trust

If you know someone with literacy problems, you could make all the difference by encouraging them to seek help. Be a good mate and encourage them to take the first step in contacting us for more information.

Rural Youth & Adult Literacy Trust - Phone 0800 891 339 or visit www.adultliteracy.ac.nz



Is your Teen enrolled for free dental care?

From Year 9 onwards, your Teen will see a participating Dental Provider for their dental care in most areas.

This remains FREE until they turn 18 even if they have left school



Please contact us for help to enrol your Teen and a list of participating Dental Providers in your area

0800 672 543

community.oralhealth@southernhdhb.govt.nz

Health New Zealand
Te Whatu Ora

Community Oral
Health Service

Talkteeth Southern



Understanding and Navigating Menopause

with **Dr Lena Clinkett**, Obstetrician & Gynaecologist will share expert insights on perimenopause, menopause, and the hormonal changes that occur throughout a woman's life. Join us to learn what to expect, how to prepare, and how to feel empowered through every stage.

Tue, 31 Mar, 6pm - 10pm
Riverton Rugby Football Club, 45 Leader Street, Riverton
\$10 Register via Humanitix, spaces are limited



REVERTON
Community House

ConnectHER
CONNECT · EMPOWER · THRIVE

2026 SCHOOL BALLS



HALCYON

HAIR AND MAKEUP

FROM \$215

Including Lashes

Come get ready for the School Balls with us! Beautiful calm space with experienced professionals to turn you into the best version of you.

BEAUTY SERVICES

We also offer a range of beauty services for you to prepare for the big day.

Brow Shape, Tints, Facial Waxing, Lash Lifts, Brow Lamination and Spray Tans. Spray Tan Packages available!



4 Nith Street
Invercargill

Reservation
03 2172177

Email
salon@halcyoncreative.co.nz